

YORKSHIRE WOMEN'S ARTISTIC COMPETITION HANDBOOK

2023

Rules and Regulations

Issue: 2023 v.1

Yorkshire Gymnastics Association

Women's Artistic Technical Committee



Yorkshire Women's Artistic Gymnastics

INTRODUCTION

The purpose of this handbook is to provide a guide to Yorkshire Women's Artistic Gymnastics competitions from January 2023. All the information included within this handbook can be found on the Yorkshire Gymnastics Association website along with links to BG and FIG handbooks. The FIG COP can also be found on the FIG website at the link below.

Yorkshire WTC website address

<http://www.yorkshirewagymnastics.org>

<https://yorkshirewagymnastics.org/resources/handbook/>

<https://www.gymnastics.sport/site/rules/rules.php#3>

N.B. Unless otherwise specified in this handbook BG and FIG rules apply.

WOMENS ARTISTIC TECHNICAL COMMITTEE 2023

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Vice Chairperson		
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Communications Co-Ordinator	Jen Dexter	communications.yorkswtc@gmail.com
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Welfare Officer	Gemma Wood	welfare.yorkswagymnastics@gmail.com
Welfare Officer		

USEFUL ADDRESSES AND CONTACTS:

Yorkshire Gymnastics Ltd Regional Chairperson: Christine Bowker christine.bowker@ntlworld.com

Yorkshire Gymnastics Ltd Regional Vice Chair: Vasiliki Scurfield

Yorkshire Gymnastics Ltd Regional Secretary: Georgina Mitchell

Yorkshire Gymnastics Ltd Regional Treasurer: Rick Brady

Workforce Development Office: Iain Simpson-Banks 07825313217 iain.simpson-banks@british-gymnastics.org

GETTING IN TOUCH

General Enquiries

- secretary@yorkshirewagymnastics.org

Correspondence - Please note that these will be read out at WTC meetings

- correspondence@yorkshirewagymnastics.org

Complaints - These will be considered under the Complaints procedure

- complaints@yorkshirewagymnastics.org

Finance Matters

- chairperson@yorkshirewagymnastics.org or finance@yorkshirewagymnastics.org

Welfare Matters

- welfare@yorkshirewagymnastics.org or welfare2@yorkshirewagymnastics.org

Yorkshire Competition and Competition Entries

- entryvalidation@yorkshirewagymnastics.org or competitions@yorkshirewagymnastics.org

National Competition Entries

- nationalentry@yorkshirewagymnastics.org

Judging Enquiries

- judging@yorkshirewagymnastics.org

Squad Enquiries

- squad@yorkshirewagymnastics.org

Coach and Judging Education Enquiries

- education@yorkshirewagymnastics.org

Development & Joint Training (YES) Enquiries

- development@yorkshirewagymnastics.org

Performance Training Enquiries

- performance@yorkshirewagymnastics.org

Website, Facebook, Media and IT Enquiries

- communicationsteam@yorkshirewagymnastics.org

If you are not sure who to contact, then send an enquiry on the contact form on the website. Please note that unless related to welfare, parent or gymnast enquiries are usually directed in the first instance back to the member club.

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2023 Entry Closing Date Calendar

Please read the entry closing date calendar carefully as dates may vary and differ for competitions being held on the same weekend.

Entry Closing Date 18th Feb 2023

National / Regional / Compulsory Grades

Entry Closing Date 4th March 2023

Regional 4 / Club 6 and 5

Entry Closing Date 29th April 2023

All Zinc & Pewter Teams

Pewter Participation / Compulsory 4/3 RESIT

Entry Closing Date 27th May 2023

Copper /Bronze / Silver / Gold

FIG Teams / Challenge Cup Qualifier

Entry Closing Date 25th August 2023

All Copper / Bronze / Silver / Gold Individual Entries

Voluntary 4 &3 / Voluntary 2 Practice

Yorkshire Open and Yorkshire Challenge + Qualifier

Entry Closing Date 30th September 2023

All Zinc / Pewter Individual / Copper overflow

2023 Competition Calendar

1st / 2nd April 2023

National Grades 5 to 1

Compulsory 5/4/3/2 Regional Grades 1 /2 /3

Catterick Leisure Centre, Gough Road, Catterick Garrison, North Yorkshire, DL9 3EL

15th / 16th April 2023

Club Grade 6/5 and Regional 4

Catterick Leisure Centre, Gough Road, Catterick Garrison, North Yorkshire, DL9 3EL

10th & 11th June 2023

Zinc & Pewter Teams and Pewter Participation

Compulsory 4/3 RESIT

Catterick Leisure Centre, Gough Road, Catterick Garrison, North Yorkshire, DL9 3EL

8th & 9th July 2023

FIG Teams /Challenge Qualification

Copper / Bronze / Silver /Gold teams

Concord Leisure Centre, Sheffield, S5 6AE

7th / 8th October 2023

Yorkshire Open / FIG challenge

Classic Challenge Copper / Bronze / Silver / Gold Individual

Voluntary 5 / 4 / 3 / 2

Concord Leisure Centre, Sheffield, S5 6AE

11th / 12th November 2023

Zinc / Pewter Individual Championships

(+ Copper Individual Overflow if required.)

Concord Leisure Centre, Sheffield, S5 6AE

YORKSHIRE COMPETITION STRUCTURE AND ELIGIBILITY

2023

This applies except for Compulsory Grades and BG competitions where BG Eligibility rules apply.

YORKSHIRE INDIVIDUAL COMPETITION ELIGIBILITY

Grades - Yorkshire WA Gymnastics follows BG eligibility rules for all grades, gymnasts can only pass one grade in each year. Grades competitions will be held within the region once per year except for Compulsory Grades.

A second opportunity to take or resit Compulsory Grade 4 and 3 is offered if there is demand and it is feasible in the autumn. If a second opportunity to take or resit Compulsory 3 is provided this is a pass or fail opportunity and no medals will be issued. Please refer to the BG Grades handbooks for details of criteria.

Classic Challenge, BG Voluntary Levels and Yorkshire WA Pewter © 2023 Yorkshire WA Gymnastics follows BG eligibility rules, gymnasts can only enter as individuals into one Classic Challenge, Yorkshire WA Pewter © 2023 Competition or one National Level in each year. Gymnasts may only enter the voluntary levels if they have met the BG criteria for eligibility. N.B. Gymnasts may enter Yorkshire WA Pewter © 2023 Participation and a Classic Challenge competition. See Yorkshire WA Pewter © 2023 Participation guidelines.

FIG and BG Challenge Cup Qualifiers - Gymnasts may enter either the Yorkshire Open (FIG) or the Yorkshire Challenge Trophy Event (BG Challenge Cup Qualifier).

Gymnasts may also enter the first BG Challenge Cup Qualifier Event which will be held in the summer, this is a qualifying score event only, it is not a competition and does not have medals or trophies.

OTHER RESTRICTIONS

Gymnasts who have **competed** at

- BG Challenge Cup
 - British Championships
- can only enter a minimum of Yorkshire FIG and Challenge Cup Qualifiers.

Gymnasts who have **competed** at

- English Championships
 - Scottish Championships
 - Welsh Championships
- can only enter a minimum of Voluntary Level 2.

*N.B. The 'English Championships' **does not** include the English Bronze, Silver and Gold. Adi Stan (British Teams) **does not** restrict gymnasts to Yorkshire FIG entry as non-FIG gymnasts maybe being entered to complete a team. There are no restrictions for Regional Grades to enter a certain level.*

The WTC welcomes appeals regarding gymnast eligibility should there be extenuating circumstances.

The form below should be completed and sent to the Secretary or Chairperson. It will be considered at the next full WTC meeting. If an answer is required earlier due to entry deadlines, then please highlight in your application. Every effort will be made to achieve an earlier response although this cannot be guaranteed.

YORKSHIRE TEAM COMPETITIONS AND ELIGIBILITY

Yorkshire team competitions will use the BG Classic Challenge criteria.

Gymnasts may only be entered to represent their club in **ONE** Yorkshire WAG team competition per calendar year.

Team competitions are competitions between clubs rather than individual gymnasts. As such the YorkshireWA Team Eligibility rules are designed to ensure that teams are a fair representation of the clubs who are competing.

Clubs are eligible to enter gymnasts to represent them in a Yorkshire team competition if the gymnasts meet the age and level requirements for that competition AND fulfil any **one** of the three criteria below:

A) the gymnast has only ever competed in Yorkshire WA competitions for the club they are being entered to represent;

OR

B) the gymnast has been registered with the Yorkshire WTC (through its transfer process detailed on page 35 as training with the club they are being entered to represent, for **a minimum of 6 months** prior to the competition date;

OR

C) the gymnast is competing in a Yorkshire WA competition for the first time and therefore has never represented any other Yorkshire WA club.

Any team breaching the above rules may be disqualified and any awards passed to the next eligible team.

YORKSHIRE WA NOVICE COMPETITIONS

Yorkshire does not run separate county competitions due to the uneven distribution of clubs within the counties. Instead in 2023 Yorkshire WA Gymnastics will be running a Yorkshire Pewter^{© 2023} Participation Event and a Yorkshire Pewter^{© 2023} Competition.

Gymnasts who have entered the Yorkshire Pewter^{© 2023} Teams Competition or the Yorkshire Pewter^{© 2023} Participation **MAY** enter Yorkshire Classic Challenge individual competitions in the same calendar year.

Gymnasts may only enter Pewter and Classic Challenge competitions providing the gymnasts are a minimum of 7 years old in the calendar year for Pewter and minimum age 8 for classic challenge. Gymnasts may enter Pewter^{© 2023} Participation providing the gymnasts are a minimum of 7 years old in the calendar year.

Yorkshire Pewter^{© 2023} events are aimed at novice gymnasts who are not yet ready for Zinc Individuals.

The WTC have left it to coaches' discretion to select the best competition for their gymnasts. Gymnasts can be entered into any appropriate team level regardless of their individual competition or grade in 2022 unless BG eligibility rules apply. Coaches are encouraged and expected to use suitable discretion and judgement when entering gymnasts to ensure that they are entered into the most appropriate events. N.B. BG does not allow Compulsory Pathway gymnasts to enter Classic Challenge either as an individual or as part of a team.

NATIONAL FINAL ELIGIBILITY

Gymnasts are eligible to represent and be a part of the Yorkshire Team at the Classic Challenge Gold, Silver and Bronze national finals if they have placed accordingly in Yorkshire's qualifying competitions. Gymnasts are eligible for entry funding for this entry if they have met the Yorkshire funding score (see below).

Gymnasts are eligible to represent and be a part of the Yorkshire Team at the Compulsory Grades and Voluntary Level finals where these are offered by BG, if they have passed the grade and placed accordingly in Yorkshire's qualifying competitions. Gymnasts are eligible for entry funding for this entry if they have met the Yorkshire funding score (see below).

Gymnasts are eligible to enter as an individual in these competitions where national finals are offered by BG and gymnasts meet the qualification criteria, however individual entries do not represent Yorkshire and therefore are not eligible for Yorkshire entry funding.

The region is driving for improvement nationally and is encouraging gymnasts to be capable and ready before being put forward nationally.

NATIONAL FINAL ENTRY FEE FUNDING

Where BG offer a National Final, Yorkshire WTC will fund the entry fee for National Finals for gymnasts who are representing Yorkshire and achieve the following scores. Coaches of gymnasts who are eligible and wish to enter but do not meet the required score for Yorkshire funding should contact the committee Chair to make arrangements for self-funding of the entry fees. (For team competitions this will be ¼ of the team entry fee).

Self-funding gymnasts who represent Yorkshire and achieve the funding score at the National Final or achieve a result in the top half of the competition results will have their entry fee refunded.

Compulsory 3 – 57.50	National 4 Grade – 60	Classic Challenge
Compulsory 4 – 58 (for reference only)	National 3 Grade – 60	Gold - 44
Voluntary 4 – 46 (for reference only)	National 2 Grade – 60	Silver - 44
Voluntary 3 – 42	National 1 Grade – 58	Bronze - 44

APPLICATION FOR LEVEL RE-DESIGNATION

N.B In line with BG rules it is not currently necessary to apply for redesignation to change Classic Challenge levels.

Gymnasts Name			
Club (including previous club if less than a year at the current club)			
Coach Name			
Coach Qualification			
Coach Telephone			
E-Mail address			
Competitions competed with scores in chronological order	Competition	Score	Date
1			
2			
3			
Days and Hours training each week			
Current WTC Designation			
Level to be Re-designated to			
Supporting Reasons			

Please complete this form and e-mail or return to the secretary of the WTC for consideration at the next WTC meeting. secretary@yorkshirewagymnastics.org Please abide by the Data Protection Act 2018 in submitting this form and ensure all suitable permissions have been obtained for the sharing of the information. This form will be shared with all WTC Officers.

For Office Use only:

Date Received

Date Replied

2023 YORKSHIRE COMPETITION AGE GROUPS FOR INDIVIDUALS / TEAMS

Yorkshire Classic Challenge and FIG Age Groups

Yorkshire Pewter © 2023 Participation

7 years to 9 years
(Age Splits determined by entry numbers)

Yorkshire Pewter © 2023 Participation

7 years +
(Age Splits determined by entry numbers)

Zinc Individual

8 years
9 - 10 years
11 + years

Copper Individual

(minimum age 9 years)
12 and under
13 + years

Bronze Individual

(minimum age 10 years)
10 + years

Silver Individual

(minimum age 12 years)
12 + years

Gold Individual

(minimum age 14 years)
14+ years

FIG and Challenge Cup Qualifiers

(minimum age 12 years)
12 + years

Compulsory Grades

Minimum ages as per BG rules
(Age Splits determined by entry numbers)

Yorkshire Grade Age Groups

Club Grade 6

8 years
9 + years

Club Grade 5

9 years
10 + years

Regional and National Grade 4

Minimum age 10

Regional and National Grade 3

Minimum age 11

Regional and National Grade 2

Minimum age 12

Regional and National Grade 1

Minimum age 13

NB. ZINC and COPPER Teams have overlapping age groups to help clubs field teams. Gymnasts of the overlapping ages can be placed in the appropriate team at the coach's discretion.

For all competitions, additional Age Splits will be determined by entry numbers.

Yorkshire Regional Teams Competitions Age Groups

Pewter Team

(Teams of 6, 5 to compete, 4 to count)
7 - 9 (Petite)
9 - 11 (Junior)
11+ (Senior)

Zinc Team

(Teams of 6, 5 to compete, 4 to count)
8 - 10 (Petite)
10 - 12 (Junior)
12+ (Senior)

Copper Team

(Teams of 6, 5 to compete, 4 to count)
9 - 12 (Junior)
12+ (Senior)

Bronze Team

(Teams of 5, 4 to compete, 3 to count)
10 +

Silver Team

(Teams of 5, 4 to compete, 3 to count)
12 +

Gold Team

(Teams of 5, 4 to compete, 3 to count)
14 +

FIG Team

(Teams of 5, 4 to compete, 3 to count)
12 +

Year of Birth Calculator

Year of Birth	Age in 2023
2015	8
2014	9
2013	10
2012	11
2011	12
2010	13
2009	14
2008	15
2007	16
2006	17
2005 +	18 +

AGE GROUPS

Competitions age groups will be as specified above. Age groups with large numbers of competitors may be split prior to the competition after entries have been received, at the discretion of the competition organisers. These will be published on the final schedule.

If there are sufficient gymnasts to be viable, Yorkshire will consider a separate Espoir FIG age category judged on the FIG junior code. This decision will be at the WTC discretion.

AGE OF GYMNASTS

All ages are for the gymnast's age in the year of competition. For example, in 2023, a child born 01/01/14 is classed as 9, as is a child born 31/12/14. Gymnasts must compete in the correct age group for competitions other than where an exception is used to make up a team. The minimum age of gymnasts competing in regional competitions is 8 years old in the year of the competition. For 2023 this will be gymnasts born in 2015. N.B. In all circumstances and all competitions, individual and teams, all gymnasts must always meet the minimum age for that competition to be entered.

2023 PRESENTATION OF AWARDS

YORKSHIRE PEWTER © 2023 PARTICIPATION

This event is not a competition, no scores or medals will be awarded. The event is for gymnasts to experience performance and to show and celebrate progress. Gymnasts will have their performance verified by a judge and will receive a certificate and an award for participation. Gymnasts born 2016 may attend this event. **N.B. A 3 piece option is available at this event. Gymnasts may participate on Bronze BG Membership.**

YORKSHIRE PEWTER © 2023 COMPETITION, CLASSIC CHALLENGE, VOLUNTARY LEVELS AND FIG

Overall Medals of Gold Silver and Bronze will be awarded for the first 3 places.

The Overall Gold medal winner will be awarded an individual trophy.

4th, 5th, 6th, 7th, 8th, 9th, 10th place overall ribbons will be awarded.

Apparatus medals Gold Silver and Bronze will be awarded for the first 3 places on each piece.

CLASSIC CHALLENGE TEAMS – FIG TEAMS

Overall Team Medals of Gold Silver and Bronze will be awarded for the first 3 team places.

The winning team will be awarded the appropriate Yorkshire trophy for 1 year and will be awarded an additional trophy for the club to keep.

CLUB, REGIONAL, NATIONAL & COMPULSORY GRADES (excluding autumn Compulsory grades)

Overall Medals of Gold Silver and Bronze will be awarded for the first 3 places including incompetitions of only 3 gymnasts.

4th, 5th, 6th, 7th, 8th, 9th, 10th place overall ribbons will be awarded.

Apparatus medals will not be awarded.

Please note: Gymnasts must pass the grade in order to receive an award.

YORKSHIRE TROPHIES

It is the responsibility of the recipient club to arrange for engraving of the Yorkshire trophy and to return annual trophies on or before the competition day in the following year. Failure to return a trophy will result in the Club being charged the cost of replacing the trophy.

Clubs must sign the Yorkshire Trophy Book in order to take possession of the Yorkshire Trophies.

COMPETITION ENTRY & PAYMENT RULES

IMPORTANT – JUDGE NOMINATIONS HAVE BEEN MOVED OFF THE GYMNET SYSTEM AND ONTO AN ENTRY VALIDATION FORM ON THE WA WEBSITE. PLEASE READ AND COMPLETE THIS CAREFULLY FOR EACH EVENT ENTERED.

N.B. Please ensure that you read the guidelines surrounding Late Entries and Judge Nominations as these rules have changed for 2023 and can affect entry fees and numbers of gymnasts eligible to enter.

The following section contains both rules and entry guidance please read carefully when completing your entries.

Full entry fee is required regardless of whether a gymnast is competing all pieces.

ATTENDANCE FEES 2023 – YORKSHIRE PEWTER © 2023 PARTICIPATION

Individual attendance cost is £25 per gymnast for 2023.

ENTRY FEES 2023 - INDIVIDUAL COMPETITIONS

Individual entry is £30 per gymnast for 2023 competitions including Yorkshire Pewter © 2023

ENTRY FEES 2023 - TEAM COMPETITIONS

ZINC & COPPER

Team entry is £180 for a team of 6 gymnasts.

Team entry is £150 for a team of 5 gymnasts.

Team entry is £120 for a team of 4 gymnasts or less.

BRONZE, SILVER, GOLD AND FIG

Team entry is £150 for a team of 5 gymnasts.

Team entry is £120 for a team of 4 gymnasts.

Team entry is £90 for a team of 3 gymnasts or less.

AMENDMENTS AND REFUNDS

Entry Fees are non-refundable AFTER the closing date

Amendments to the entry before the closing date will be allowed, In the case of withdrawals before the closing date, the entry fee will be refunded.

TEAM CHANGES

Clubs may alter the gymnasts in their team after the closing date without penalty up to 10 days before the competition date however entry fees are non-refundable. After the 10 days prior to the competition alterations to teams will only be allowed for proven exceptional circumstances such as injury or illness. In the case of proven exceptional circumstances team changes may be made up to the commencement of march on and presentation of the gymnasts but no later.

ENTRY DEADLINES

Entry deadlines are stated on the calendar and may vary for different competitions. Please read carefully.

The WTC will endeavour to send reminders of entry deadlines however these cannot be guaranteed and it remains the responsibility of the clubs to enter in good time. The Yorkshire WA Competitions will be listed with entry closing dates on the BG event calendar.

The WTC will endeavour to have administration support available as the deadline approaches however this cannot be guaranteed and recommends that clubs enter in good time so that any issues or concerns can be resolved before the entries close.

Entry dates are set to enable an assessment of entry numbers meaning that if competitions need to be moved to an overspill competition this can be advised with plenty of notice.

BG ENTRY SYSTEM

Yorkshire WA Gymnastics will be using the BG Entry system for its competition entries in 2023 **however judge nomination will be through the entry validation form on the WA website – it is essential that this is completed. This is to enable management of judges across the event not just individual competitions.**

An additional section 'How to Enter Competitions using the BG Entry System' has been added at the end of this handbook with guidance on using this system.

MUSIC UPLOAD ADMINISTRATION FEE

All gymnasts, coaches, judges, payment and music now go through the BG Entry system. Music not submitted in advance and brought to be uploaded on the day will be subject to a £20 administration fee per gymnast. This fee will be donated to the Yorkshire Air Ambulance. It must be paid by cash or BACS transfer at the time of upload. Failure to pay will result in the fee being added to a future competition entry as an additional charge on the BG Entry system and will be charged with 10% interest making the administration fee £22 per gymnast. If you have difficulty uploading music, please contact entryvalidation@yorkshirewagymnastics.org.

LATE ENTRIES

Late entries will only be accepted upon receipt of triple the entry fee. The competition organiser will have the final say on accepting late entries. Late entries will be considered on application via email to entryvalidation@yorkshirewagymnastics.org.

JUDGE NOMINATIONS

The BG entry system only allows for judge nomination per competition, as a result **judge nomination will now take place through the entry validation form on the WA website.**

A judge entered for a competition will be expected to judge on their panel for both days of the event. Events are defined as 'the event' on the BG entry system and may include multiple competitions or age categories. This will usually refer to a weekend event.

Non – completion of the entry validation form will be taken as not nominating judges and will result in a request for the appropriate double entry fees.

Non – payment of double entry fees or judge levies will result in an invoice for these fees. Non – payment of the invoice may result in future entries being refused until payment is received.

The Yorkshire judging requirements are based upon the total number of gymnasts entered into the event (i.e. the total number of gymnasts across all competitions in a weekend).

Not supplying the judge quota will result in additional entry fees being payable as per the table below regardless of whether the entry has been completed on the BG system.

The levies are calculated by the number of gymnasts entered into the event at the point entries close unless late entries are accepted. In the case of late entries being accepted, judge requirements and levies will be calculated on the total number of gymnasts including the late entries. The potential need to separate entries into an Overflow competition will have no bearing on the judge requirements/levies.

Judge Quota per Event

Each club entering must nominate the required number of WA judges for every day of the event. An event is the full day or weekend as defined on the BG Entry System and may contain multiple competitions.

Non – FIG Entry

Individuals: 1 – 11 Gymnasts Teams: Up to 2 Teams	1 judge for 2 days or 2 judges to cover 1 separate day each – minimum WA Club level
Individuals: 12 – 24 Gymnasts Teams: 3- 5 Teams	2 judges for 2 days or 4 judges to cover 1 separate day each - minimum WA Club level
Individuals: 25 + Gymnasts Teams: 6 & 6 Teams	3 judges for 2 days or 6 judges to cover 1 separate day each - minimum 2 x WA Club level and minimum 1 x WA Regional Level
Please note when considering judges renewing qualification in cycle 15 that the requirement for Regional Judges will be increased after the next judging cycle.	

FIG Entry

If a club is entering a FIG gymnast into any competition at least one of its judges nominated to meet the quota above must be a minimum Regional WA qualification.

Additional Fees and Judge Levies

Any club not meeting its judging quota will be charged additional entry fees as per the table below:

1 missing judge for 1 day	Double entry fees
1 missing judge for 2 days	Double entry fees plus £50 judge levy
2 missing judges for 1 day	Double entry fees plus £50 judge levy
2 missing judges for 2 days	Double entry fees plus £100 judge levy
3 missing judges for 2 days	Double entry fees plus £150 judge levy
No Regional Judge for FIG Entry	Double entry fees for all gymnasts

N.B. Non – payment of double entry fees will result in an invoice for these fees. Non – payment of the invoice may result in future entries being refused until payment is received.

Difficulties Providing Judges

We recognize that the penalties for failure to provide a judge are difficult for clubs that do not have easy access to judges. Unfortunately, the increase in clubs not supplying judges has on occasions put the viability of events into question requiring the WTC to introduce rules to ensure that the quotas met. This is deemed preferable to refusing to allow entries without nominated judges.

There is an **online judging support request form** on the home page WA website to help facilitate obtaining a judge: yorkshirewagymnastics.org

If the club is new to WA or has specific reasons why a judge is not available, please contact the competition organiser via entryvalidation@yorkshirewagymnastics.org who may be able to allocate another role such as welfare officer or first aider to avoid this charge. This is at the discretion of the competition organiser and judging convenor, this would be strictly on a first come first served basis and cannot be guaranteed. Failure to fulfil this commitment would be the equivalent to a judge not fulfilling the commitment and subject to the same additional fees detailed above.

Nominating Judges from Other Clubs

As judge nomination is no longer through Gymnet the following paragraph is no longer relevant however remains for reference should clubs need to use this process for other Gymnet entries.

For Reference Only: Judges who agree to judge for a club can add that club as a secondary affiliation on their Gymnet allowing them to be entered on the BG Entry System. There is no limit on these additional affiliations. Additional guidance is also included in the BG Entry System section at the end of this handbook.

Judges not Meeting Commitments/Quota

If Judges do not turn up or fail to fulfil the judging commitment without valid exception the WTC will invoice the club £200 or additional entry fees as per the table above whichever is the greater. Non – payment of the invoice may result in future entries being refused until payment is received. Extenuating circumstances will be considered on a case by case basis.

COACH NOMINATIONS

Coach Quota per Competition

The entry system will require the following levels and numbers of coaches to complete the entry.

Individual Competitions

1 – 8 Gymnasts	1 x minimum WA Level 2 Coach unless the level of competition specifies a higher qualification.
9 - 16 Gymnasts	2 x minimum WA Level 2 Coach unless the level of competition specifies a higher qualification.
17 +	3 x minimum WA Level 2 Coach unless the level of competition specifies a higher qualification.

Team Competitions

Where possible different teams in the same competition (i.e. same level/grade and same age category) from the same club will be placed in different rounds, however this cannot be guaranteed. As this cannot be guaranteed until the schedule is produced, each team on being entered in a competition will require a different nominated minimum WA Level 2 Coach or higher where the level of competition specifies a higher qualification.

Coach Qualification by Competition

The minimum qualification for a coach responsible for gymnasts at a Yorkshire WA Competition or Event is WA Level 2.

The minimum qualification to be in the arena is a BG recognised Level 1 Qualification.

WA Level 1's or coaches with qualifications in other disciplines (regardless of the level of qualification in the other discipline) may only be in the arena if accompanied by a WA Level 2 or above and may only provide pastoral care such as holding numbers or sitting with gymnasts.

WA Level 1's or coaches with qualifications in other disciplines (regardless of the level of qualification in the other discipline) may not be present on the podium at any time and may not stand in or support any skills in competition.

Coaches may only remain in the arena if they are able to provide verification of their qualification, a current DBS and a current safeguarding qualification.

The responsibility and liability remains with the club for ensuring that coaches are suitably WA qualified to cover gymnast's skills and that the gymnast and coach are suitably insured. The responsibility remains with the clubs for arranging cover for skills, where needed, with alternative WA qualified coaches.

Yorkshire WA Competitions require that a suitably qualified coach is present at the piece during the performance of the skills. The coach must be an active coach and cannot be a judge, spectator or official during the remainder of the competition.

BG lead coach rules apply for BG National qualification competitions only. In this instance, if the coach is operating under the BG lead coach/supervising coach rules **this must be informed in writing to the WTC prior to the competition with the written consent of the lead coach also supplied**. Please remember that the BG rules require that the supervising coach can be no more than one level lower and must have attended the course for the skills that they are supervising.

CHANGES TO PUBLISHED COMPETITIONS

Competition Dates will be adhered to wherever possible. However, the WTC reserves the right to change competition details as follows:

- if entries are over-subscribed, additional days may be added. Conversely if entries are small, competitions may be reduced to one day;
- if BG changes its dates;
- if unforeseen circumstances dictate a change in date/venue.

The WTC reserves the right to change the working order to maintain a regular competition structure format. All gymnasts and coaches must arrive in good time to register for their competition.

The WTC reserves the right to commence the competition early providing all gymnasts are registered or registration has closed.

Gymnasts must remain in the arena from registration to the start of their competition. Gymnasts must attend the presentation ceremony as per FIG regulations section 2 page 3 2022 COP. In line with the FIG COP if gymnasts do not attend the presentation, they will not receive trophies or medals unless competitions are split over multiple rounds. In these circumstances coaches may collect awards if gymnasts are not present.

YORKSHIRE WA REGIONAL COMPETITION RULES

FLOOR MUSIC

The following music is not allowed: Cirque du Soleil, Disney, Walt Disney, Andrew Lloyd Webber unless identified as registered on PPL in line with British Gymnastics regulations. For any clarification please consult BG and the PPL Website www.ppluk.com

Each different piece of music should be submitted with the entry using the online entry system. Where a CD is necessary, each different piece of music must be supplied on a separate CD or other reliable and effective format and a duplicate should be available. Please check with the organiser which formats are available. All music should be labelled with the gymnast's name and club. Music length is as per the Yorkshire competition rules, this may be shorter than the FIG maximum 90 seconds but will never be longer.

MOBILE PHONES

Apart from where required for the running of the competition (WTC Officials and Competition Organisers) gymnasts, coaches, judges and officials **MUST NOT use mobile phones or devices in the competition arena as per BG guidelines.**

PARENTS AT EVENTS

All Clubs take responsibility for the actions of their parents. No parent is allowed on the competition arena and must not approach active coaches or judges. In the event of a child welfare issue the designated welfare officer should be alerted.

USE OF PHOTOGRAPHY/VIDEO/DIGITAL CAMERA EQUIPMENT

The use of flash photography and video whilst the gymnasts are performing their routines or during the warm-up sessions is not allowed in the arena by anyone.

SPECTATOR ENTRY FEE

Spectators will be charged an entrance fee of **£7** at the venue. Concessions, children under 16 and OAP: **£4.50**. It is the club's responsibility to inform parents of this charge. This fee may vary according to the size/price of the venue.

YORKSHIRE WOMENS ARTISTIC WEBSITE

Updates and information for Coaches and Judges can be found on the on the YWAG Website.

WORKING ORDER

Individual competitions

1. Competitors compete in programme numerical order.
2. Competitors advance one place in the order of competing and the first competitor becomes last competitor in each subsequent apparatus in the working order.
3. The working order of individuals is determined by the competition organiser to provide the most effective use of time and circulated approximately 2 weeks prior to competition.
4. Withdrawn gymnasts are discounted from the competition working order.

Team competitions

1. Teams compete in programme order.
2. Gymnasts in a team compete in their coach's preferred order (team working order).
3. The team working order must be completed on the system at registration before registration closes.
4. Teams withdrawn from the competition are discounted from the competition working order.

COMPETITION ETIQUETTE

Yorkshire Women's Artistic Competitions operate within BG and FIG guidelines and rules regarding competition etiquette, welfare and codes of conduct. Please refer to FIG Code of Points and British Gymnastics Guidance.

RESPONSIBILITY OF PARTICIPATING CLUBS

In order to succeed as a region, teamwork is needed throughout. It is anticipated that each Club entered in the competition will be responsible for providing some of the volunteers that will be needed for the successful running of the competition.

Duties may include Runners, Timekeepers, Catering, Scorer, Door People, Raffle Running, this is not an exhaustive list. The exact roles needed will depend on the competition and venue.

APPEALS AND FEEDBACK

A coach has a right to receive a D score and overall score for each performance prior to the presentation excepting the Yorkshire Pewter © 2023 Participation event where no scores will be issued.

A coach can appeal against a particular 'D' score. The protest must be submitted in writing to the Competition Organiser giving the gymnast's name and number, apparatus and the technical reason for the protest. The appropriate fee of £5 should accompany it. Any protest must be submitted before 15 minutes has elapsed since the score has been presented to the coach. The fee will be returned to the coach if the mark is amended.

Optional pre-printed forms to help coaches structure an appeal are available at competitions.

No mark should be discussed with the judges during the course of the competition.

If a mark is discussed with the judges prior to an appeal, then an appeal may not be made.

Coaches are allowed to ask for feedback about marks with the Head Judge **at the end of the competition**, only if there is time and the judge is happy to give feedback. Coaches should be polite and courteous at all times. Under no circumstances should coaches approach judges with video footage of routines.

YORKSHIRE PEWTER © 2023 AND CLASSIC CHALLENGE COMPETITION RULES 2023

Yorkshire Pewter © 2023 Criteria are included below. All other rules including Classic Challenge follow the BG Criteria.

YORKSHIRE WOMEN'S ARTISTIC GYMNASTICS CLASSIC CHALLENGE CHAMPIONSHIPS 2023

PEWTER COMPETITION - 7 Years + (County / Regional competition only)

Uncoded = 0.10 A = 0.10 Moves of higher value are not permitted	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022-2024]</p> <p>Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>BARS – 4 elements to count BEAM/FLOOR – 5 elements including dismount FLOOR – 2 acrobatic + 2 dance + 1 optional and No acro lines required</p> <p>Elements higher than A are not allowed and no Difficulty Value or CR will be given if they are performed.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each</p> <p>Same element can only count once EXCEPT - Bars where an FIG Coded A element may be repeated once for Difficulty Value</p> <p>- Floor where Cartwheel maybe repeated if performed in an acro line min 2 elements.</p> <p>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution</p>			
Short Exercises	<p>On Beam & Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p> <p>On Bars, there is no penalty for an exercise with less than 4 elements.</p>			
	VAULT	BARS	BEAM	FLOOR
Apparatus	Piled mats to height of 60cm or 90cm 1 x springboard	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view	A FIG Beam Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view	FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions
Requirements	<p>DV 2.50</p> <p>Handspring Flat Back onto pile of Safety Mats at a choice of 60cm or 90cm to suit the gymnast.</p> <p>2.00 penalty for coach support. Applies to each vault.</p> <p>Best score of 2 performed vaults.</p>	<p>A Gymnast should fulfil 3 of the 4 CR's (Maximum awarded 1.5):</p> <ul style="list-style-type: none"> - Mount - Close bar circle element back hip circle allowed - Cast to minimum 135 degrees from handstand (see clarifications) <p>- A Dismount coded or listed uncoded</p> <p>Only uncoded or A elements allowed B or more – no DV</p> <p>Maximum D Score 1.9</p>	<p>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> - ½ spin on one foot or releve ½ turn - Connection 2 Dance elements (same or different) - Split Leap with 160° split or balance / hold. - Any Acro element – inc rolls, hdst & kickover - Dismount from uncoded list <p>Only uncoded or A elements allowed B or more – no DV</p> <p>Maximum D Score 2.5</p>	<p>A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> - Acro line with min 2 elements (non-flighted allowed) - Mixed series min 2 directly connected elements - A dance passage of 2 different leaps / hops – No split required - 180° spin or element with handstand - Acro elements forwards / sideways & backwards (non-flighted and rolls allowed) - Flighted Acro element <p>Only uncoded or A elements allowed B or more – no DV</p> <p>Maximum D Score 2.5</p>
Uncoded Permitted Elements (0.1 DV)		<p>Chin up circle over mount, (take off from one foot is permitted)</p> <p>Jump to front support</p> <p>Straddle or pike on undershoot dismount</p> <p>Cast push off backwards to land</p> <p>Circle fwds with control to land on floor</p> <p>Squat on LB jump forwards to land as dismount</p>	See separate list of uncoded beam elements	See separate list of uncoded floor elements
Notes	No other vaults are permitted at this level.	ALL ELEMENTS MUST BE PERFORMED ON THE LOW BAR and see clarifications.	Barred elements - salto dismounts Maximum of 1min 10sec for the routine Any mount may be used	Barred elements saltos / aerials Maximum of 1min 10sec for the routine No Acro line required
Bonus	No Bonus to be awarded at Pewter level			

Additional Clarifications for Pewter Competition Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise. An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV and CR and will be recognised with the same value as 'A' elements.

Vault:

Only the specified vault may be performed. Additional modified 4 & 5 coil springboards will be available

Bars:

Gymnasts may start their exercise between the bars and dismount away from the bars.

There is no penalty for bent legs in a sole circle. There is no penalty for performing a back hip

circle. Cast immediate cast will NOT attract the 0.5 empty swing penalty.

FIG penalties will NOT apply for the empty swing after performing backward hip circles.

Beam

The 5 elements only are required. A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.

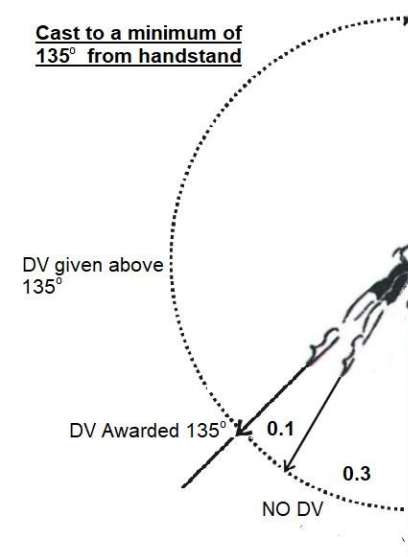
Uncoded Elements:

Tuck jump	Forward roll can be to straddle sit or lever	Arabesque horizontal or above hold 2 secs
Stretched or arched jump	Backward roll can be on one shoulder.	
Stretched jump ½	Handstand, Kick towards handstand with split legs,	From standing – jump off with straddle, star or split position.
Changement	From two feet jump to tucked handstand and return to two feet (bunny jump)	Run minimum 3 steps straight jump take off from 2 feet (grade 6)
Stag leap & Stag jump	Bridge kickover	Roundoff Dismount
Double stag leap & Double stag jump	Straddle ½ lever hold 2 secs	Handspring dismount
	Seat lever hold 2 secs	Cartwheel rebounding straight jump dismount
Releve pivot ½ turn	Perch hold 2 secs	Cartwheel to handstand drop down dismount (side of beam)
½ spin on one foot	Tuck or Straddle Russian lever hold 2 secs	

Floor:

Uncoded elements:

Cat leap ½ turn	Star jump	Handstand forward roll
Scissor kick	Changement	Fwd roll and fwd roll to straddle sit
Tuck jump with or without ½ turn	Tic-toc	Handstand into bridge
Straight jump with or without ½ turn	Bridge kick over	Handstand and return
W Jump or hop with or without ½ turn	Backward walkover	Backward roll to pike, straddle or front support
Stag leap & Stag jump	Forward walkover	Backward roll to handstand with optional exit
Double stag leap & Double stag jump	Cartwheel	



YORKSHIRE WOMEN'S ARTISTIC GYMNASTICS CLASSIC CHALLENGE CHAMPIONSHIPS 2023

PEWTER PARTICIPATION – Age 7,8 and 9 (Participation Event only). NO SCORES AWARDED

Uncoded = 0.10 A = 0.10 Moves of higher value are not permitted	<p>Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise.</p> <p>BARS – 3 or 4 elements BEAM/FLOOR – 5 elements including dismount FLOOR – 2 acrobatic + 2 dance + 1 optional and No acro lines required</p> <p>Elements higher than A are not allowed</p> <p>Un-coded elements as listed below will be recognised</p> <p>Same element can only be performed once EXCEPT - Bars where an FIG Coded A element may be repeated.</p> <p>Floor where Cartwheel maybe repeated if performed in an acro line min 2 elements.</p> <p>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution</p>			
Short Exercises	Not applicable			
	VAULT	BARS	BEAM	FLOOR
Apparatus	Piled mats to height of 60cm or 90cm 1 x springboard	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view	A FIG Beam Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view	FIG Floor Regulations except acro lines where no acro line are required.
Requirements	<p>Option A Handspring Flat Back onto pile of Safety Mats at a choice of 60cm or 90cm to suit the gymnast. No penalty for coach support.</p> <p>Option B Grade 6 – Run straight jump to land on block, Handspring from lunge to land flat back. 60cm only permitted. 2 performed vaults allowed.</p>	<p>Option A – Low Bar Only A Gymnast should fulfil 3 of the 4 CR's</p> <ul style="list-style-type: none"> - Mount - Close bar circle element back hip circle allowed - Cast to minimum 135 degrees from handstand (see clarifications) - A dismount coded or listed uncoded <p>A or uncoded elements only allowed</p> <p>Option B - Set routine on high bar Chin up in regular grip, one leg lift, 5 fish swings with release at back to land.</p>	<p>A Gymnast should aim to fulfil 4 of the 6 CR's</p> <ul style="list-style-type: none"> - ½ spin on one foot or releve ½ turn - Connection 2 Dance elements (same or different) - Split Leap with 160° split or balance / hold. - Any Acro element – inc rolls, hdst & kickover - Dismount from listed uncoded elements - Any mount <p>A or uncoded elements only allowed</p>	<p>A Gymnast should aim to fulfil 4 of the 6 CR's</p> <ul style="list-style-type: none"> - Acro line with min 2 elements (non-flighted allowed) - Mixed series min 2 directly connected elements - A dance passage of 2 different leaps / hops – No split required - 180° spin or element with handstand - Acro elements forwards / sideways & backwards (non-flighted and rolls allowed) - Flighted Acro element <p>A or uncoded elements only allowed</p>
Uncoded Permitted Elements		Chin up circle over mount (take off from 1 foot is permitted) Jump to front support Cast push back to land Circle fws with control to land on floor Squat on LB jump forwards to land as dismount Straddle or pike on undershoot dismount	See separate list of uncoded beam elements	See separate list of uncoded floor elements
Notes	No other vaults are permitted at this level.	See clarifications.	Barred elements - salto dismounts Maximum of 1min 10sec for the routine	Barred elements saltos / aerials Maximum of 1min 10sec for the routine No Acro line required

Additional Clarifications for Pewter Participation Level

Element recognition are as per FIG CoP unless the rules specifically state otherwise. An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used and will be recognised.

Vault:

Only the specified vault may be performed. Additional modified 4 & 5 coil springboards will be available

Bars:

Gymnasts may start their exercise between the bars and dismount away from the bars.

Coaches may assist the gymnast to remount if she falls from the apparatus whilst performing the routine.

Beam

The 5 elements only are required. Coaches may assist the gymnast to remount if she falls from the apparatus whilst performing the routine.

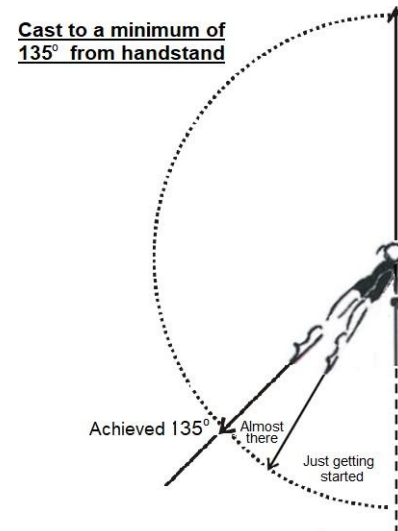
Uncoded Elements:

Tuck jump	Forward roll can be to straddle sit or lever	Arabesque horizontal or above hold 2 secs
Stretched or arched jump	Backward roll can be on one shoulder.	
Stretched jump ½	Handstand, Kick towards handstand with split legs,	From standing – jump off with straddle, star or split position.
Changement	From two feet jump to tucked handstand and return to two feet (bunny jump)	run minimum 3 steps straight jump take off from 2 feet (grade 6)
Stag leap & Stag jump	Bridge kickover	Roundoff Dismount
Double stag leap & Double stag jump	Straddle ½ lever hold 2 secs	Handspring dismount
	Seat lever hold 2 secs	Cartwheel rebounding straight jump dismount
Releve pivot ½ turn	Perch hold 2 secs	Cartwheel to handstand drop down dismount (side of beam)
½ spin on one foot	Tuck or Straddle Russian lever hold 2 secs	

Floor

Uncoded Elements

Cat leap ½ turn	Star jump	Handstand forward roll
Scissor kick	Changement	Fwd roll and fwd roll to straddle sit
Tuck jump with or without ½ turn	Tic-toc	Handstand into bridge
Straight jump with or without ½ turn	Bridge kick over	Handstand and return
W Jump or hop with or without ½ turn	Backward walkover	Backward roll to pike, straddle or front support
Stag leap & Stag jump	Forward walkover	Backward roll to handstand with optional exit
Double stag leap & Double stag jump	Cartwheel	



GYMNAST REGULATIONS AND RULES

GYMNASTS' AGES

Gymnasts' ages will be the age reached in the year of competition. Competition Year is 1st January –31st December - See Age chart at the beginning of the handbook for year of birth calculator.

MEMBERSHIP

All gymnasts must be a minimum SILVER member of a BG registered Club and affiliated to Yorkshire Gymnastics to enter into competitive events. Participation events only require **Bronze membership**. Gymnasts' membership and insurance must be current and up to date.

DRESS CODE OF GYMNASTS

All gymnasts are expected to be correctly dressed as defined by the F.I.G code of points. This permits the wearing of a catsuit or footless tights as long as they are skin tight and the same colour as the leotard. Gymnasts who choose to wear shorts will not receive any deduction.

No visible branding on shorts or leggings is permitted, for example lettering around the waist or diamante names on shorts etc.

No jewellery, body piercing, or adornments of any kind are permitted.

No chewing gum.

No mobile phones or devices allowed in the competition arena.

Handguards, body bandages and wrist wraps are permitted. They must be securely fastened, in good repair and should not detract from the aesthetics of the performance. Bandages **MUST** be Skin- coloured or beige as per the FIG code.

In line with British Gymnastics guidance, hair must be secured to ensure that it does not touch the floor when the gymnast is in handstand.

TALL GYMNASTS

Both bars may be raised by 5cm where a gymnast's feet touch the basic matting while she is hanging on high bar or hips touch the basic matting while she is hanging on low bar.

Where a single bar is used, this may be raised so that the gymnast's feet in long hang clear the matting.

The request for the bars to be raised must be made with the competition entry. Please see section on how to use the BG Entry System showing how to request a bar raise (Page 37). If the bar is raised without prior request the gymnast will carry the penalty as per the FIG Code of Points.

As per British Gymnastics, requests for raised bar may be checked by the head judge on bars.

GYMNASTS ORDER OF PERFORMANCE

Please see Yorkshire WA Regional Competition Rules – Working Order on page 16 for guidance.

COMPETITION RULES

As per FIG rules (see link on first page for the FIG Code).

COACHES REGULATIONS AND RULES

LEAD AND SUPERVISING COACHES

Yorkshire WA Competitions require that a suitably qualified coach is present at the piece during the performance of the skills. The coach must be an active coach and cannot be a judge, spectator or official during the remainder of the competition. In order to accompany and have responsibility for gymnasts, coaches must be qualified to coach the skills in their gymnast's routines and meet the coach requirements for the competition as detailed in Coach Nominations on page 15.

BG lead coach rules apply for **BG National qualification competitions only**. In this instance, if the coach is operating under the BG lead coach/supervising coach rules this must be informed in writing to the WTC prior to the competition with the written consent of the lead coach also supplied. Please remember that the BG rules require that the supervising coach can be no more than one level lower and must have attended the course for the skills that they are supervising.

Lead or supervising Coaches must have current Gold, Joint Gold or Life members of BG and be qualified to the level of the moves being performed before being allowed to participate in a Regional Competition. They must have a current BG specific DBS certificate. The minimum level of coach that can take responsibility for gymnasts in any level of competition is **WA** Level 2 or equivalent.

The responsibility and liability remains with the club for ensuring that coaches are suitably qualified to cover gymnasts' skills and that the gymnast and coach are suitably insured. The responsibility remains with the clubs for arranging cover for skills, where needed, with alternative coaches.

ASSISTANT COACHES

Assistant Coaches may only provide pastoral care, move the equipment, adjust apparatus, and present the gymnast's competition number.

Assistant Coaches must be a minimum Level 1 coach and have minimum Silver membership before being allowed to enter the competition arena.

Coaches qualified at Level 1 or above in other gymnastics disciplines can act as assistant coaches.

Coaches qualified in other disciplines can ONLY act as assistant coaches regardless of the level of qualification in the other discipline.

BG MEMBERSHIP, DBS AND SAFEGUARDING

All coaches must produce evidence of current BG Membership, DBS, Safeguarding and Qualifications at Coach Registration and have this evidence available on request whilst in the Competition Arena. Yorkshire WTC have introduced an opt in verification passcard system. A current YWTC passcard is acceptable evidence. If a coach does not have a current YWTC passcard, another form of photo id must be provided such as a driving licence along with evidence of membership, DBS, Safeguarding and Qualifications. In the interest of fairness, this rule will be applied to all coaches equally.

COACH NUMBERS ON THE COMPETITION FLOOR

In individual competitions, one coach per gymnast will be allowed in the competition arena.

In team competitions a max of two coaches per team are allowed in the arena at any one time (Assistant Coaches count towards this number). Coaches exceeding this number will be asked to sit out of the Arena. One female coach and/or one male coach is permitted, or two female coaches.

It is the club's responsibility to ensure there are sufficient coaches from their club to supervise the number of gymnasts / groups entered in the competition.

DUTY OF CARE AND WARM UP

Coaches have a duty of care towards their performers and have responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

A gymnast will not be allowed to warm up without a coach. Late arrivals will only be accommodated at the discretion of the competition organiser.

SAFEGUARDING

As of the 1st January 2013, all coaches taking part in any Yorkshire Regional, British Gymnastics National or International competition will be required to hold an up to date BG recognised Safeguarding and Protecting Children training certificate. Failure to comply with this requirement will result in you not being permitted to enter the competition as a coach.

HEALTH AND SAFETY

The safety of all participants (gymnasts, coaches and officials) is the primary consideration. All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety and welfare and child protection.

CODE OF CONDUCT

As defined by the FIG Code of Points – infringements will be penalised as detailed in the Code including the issuing of Red and Yellow cards. It is recommended that all coaches read section 8 of the FIG Code of Points for further guidance.

COMPETITION ATTIRE - COACHES

Appropriate competition, gymnastic attire of club t-shirt or polo shirt, full length tracksuit and suitable footwear/trainers. Any coach not appropriately attired will be asked to leave the arena until correctly attired. In line with BG, leggings are only allowed if full length, plain and in a suitable thick dark material (i.e. not see through material or inappropriate patterns or colours). Tracksuit bottoms with ankle cuffs are allowed but should be true tracksuit bottoms and not jogging bottoms.

Long hair must be tied back.

Coaches will NOT be allowed on the competition floor if wearing jewellery (ear studs are permitted, wedding rings if taped).

No chewing gum.

MOBILE PHONES AND EMERGENCY CONTACT

No mobile phones or devices allowed in the competition arena.

The WTC publicises an emergency number that can be given out. This number will only be available during competitions. It will remain with a competition organiser or the welfare officer. The telephone number is 07394 466832. Text is the preferred method to contact this number so that the message can be passed directly to the coach in the arena. Emergency contact can also be made via the venues published number.

(N.B. Please do not message this number for any other WTC business as the phone will be switched off in between events and messages will not be received.)

In exceptional circumstances coaches may be permitted to keep their mobile phones with them providing these are turned to silent. This can only be with the express permission of a competition organiser and will only be agreed for extenuating circumstances.

Coaches may use mobile phones at the end of competitions for the purpose of taking photographs during the allotted timeslot.

APPARATUS

Should a coach consider a piece of apparatus unsafe or to have inadequate matting, this should be discussed with the Head Judge. Where no agreement can be reached, the Competition Organiser will be the final arbitrator and his/her decision is final.

UNDER NO CIRCUMSTANCES SHOULD APPARATUS BEING MOVED OR ALTERED WITHOUT PERMISSION OF THE COMPETITION ORGANISORS OR THE HEAD JUDGE ON THAT PIECE.

APPEALS AND FEEDBACK

Please see guidance on page 18.

If it is found that a club is in breach of the policies above the WTC Chairperson reserves the right to reject an entry on the grounds of gymnast safety.

RESPONSIBILITY OF JUDGING CONVENOR AND JUDGES

Judges operate at all times under the FIG COP Regulations for Judges (Section 5) and the Judges' oath.

“In the name of all the Judges and Officials, I promise that we shall officiate in these competitions with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship.”

1. All judges must be appropriate members of B.G. (Silver or Gold).
2. Judges must wear the recognised F.I.G uniform.
3. Judges must attend the judges' meeting prior to the competition and be registered. The meeting is called by the Judging Convenor. The meeting will be chaired by the person nominated by the Judging Convenor.
4. Master/Head Judge of the event should check the apparatus before the competition along with the competition organiser(s).
5. The Head Judge of each apparatus panel will preside over a conference of the other panel judges to confer when a difference/split in scores so requires.
6. When leaving his/her seat, a judge must notify the Head Judge of their panel.
7. Judges should not communicate with coaches or spectators about aspects of performance, scores or other matters relevant to the competition in hand from the commencement of the Judges Meeting until the end of the competition.
8. Judges approached by coaches, gymnasts or parents in anyway outside of the rules of the competition must advise the Head Judge of their panel.
9. At all times judges must be impartial and unbiased. In the interests of fair play being seen to be done, judges must conduct themselves in a professional and unbiased manner throughout the duration of the competition.
10. In the event of a coach registering a protest regarding a D score received on a particular piece of apparatus, the Head Judge in consultation with the other judges, will review the routine and the score awarded and reply to the protest in writing.

DUTIES OF THE COMPETITION ORGANISERS

1. Receive from clubs all entries and appropriate fees in accordance with the competition entry rules.
2. To draw up a working order, prepare a printed programme and circulate it to the competing clubs at least 14 days prior to the competition.
3. On receipt of entries submit a list of nominated judges from the club entries to the Judging Convenor.
4. Obtain medals and trophies and request the return of trophies.
5. Organise all apparatus, public address system, officials, and assistants for the competition, and obtain as much assistance as necessary to run a competition. Liaise with the venue of the competition as necessary.
6. To liaise with the announcer, scorers, coaches, judges and runners to ensure the smooth running of the competition.
7. To ensure the competition rules and conditions are observed.
8. To convene a meeting of Head Judges and WTC members in attendance to deal with any problems or misconduct at any time in the competition, should it be necessary.
9. To receive written enquires about the D score from coaches pertaining to a gymnast's score, give them to the appropriate Head Judge and return the reply to the coach concerned.
10. Pay all eligible judges' expenses.
11. Submit to the Treasurer within 4 weeks of the competition a balance sheet of all income and expenditure incurred for the competition.
12. Provide a copy of all scores at the end of the competition. This must be given to the named coach of the club.

The Association, acting through the Competition Organisers or Chairperson of the Women's Technical Committee, reserves the right to refuse any entry and to disqualify a competitor or team, if it is proved that an entry is not in accordance with the conditions of the competition.

APPARATUS REGULATIONS

All Levels will use the FIG specifications where possible unless stated otherwise on the competition criteria. These can be downloaded from the FIG Website.

VAULT:

1. For round off entry vaults, the safety collar **MUST** be in place.
2. 20cm FIG specification matting + 10 cm supplementary matting with markings as specified for vault landing.
3. Maximum run allowed 25 metres.

BARS:

1. Low bar 175cm / High bar 255cm (both +/- 1 cm) from the floor to the top side of the bars.
2. Maximum width between bars, inside bars on diagonal is 182cm.
3. 20cm FIG specification matting with 10cm supplementary matting.
4. The take-off board may be placed on the supplementary mat.
5. The supplementary mat may **NOT** be moved during the exercise.
6. Bars may be raised by 5cm if requested at the time of entry and in line with FIG apparatus regulations. Unauthorized raising of the bars will be penalized in accordance with the FIG regulations.

BEAM:

1. 125cm from the floor to the top of beam.
2. 20cm FIG specification matting with 10cm supplementary landing mat.
3. The supplementary mat may not be moved during the exercise.

FLOOR:

1. 12m x 12m FIG specification floor area.

COACHES AT APPARATUS

BEAM: A coach may approach the apparatus for BEAM DISMOUNTS ONLY. This does not permit the coach to touch the gymnast during her routine unless to prevent an accident. ***The coach must not move along in line with the gymnast during the routine or remain on the podium.***

BARS: The coach may remain at the apparatus and stand between the bars if required throughout the routine and as above, should not touch the gymnast during the exercise. A second coach may be present to remove the board.

At other times coaches must remain in the designated area during performances. Infringements will penalise coach and/or gymnast as per FIG regulations.

UNSPORTSMAN LIKE BEHAVIOUR OF COACH OR GYMNAST

Infringements will penalise coach and/or gymnast as per FIG regulations.

TRANSFER PROCESS

The transfer process was reviewed and changed in August 2019. The Yorkshire Women's Artistic Technical Committee voted to retain the transfer process for the following reasons:

- To facilitate the smooth transfer of gymnasts between clubs whilst minimising disharmony within the region.
- To recognise the input of clubs and coaches into a gymnast's development.
- To facilitate the team competition eligibility rules page 5, ensuring that gymnasts who represent clubs in Yorkshire WA interclub competitions are a fair representation of the clubs.

A Yorkshire Women's Artistic Gymnast is defined as a gymnast that has entered any regional competition run by the Yorkshire WTC. This includes individual and team level competitions (level 7/Pewter through to FIG) as well as any grades.

If a gymnast is defined as a Yorkshire Women's Artistic gymnast as per the clarification above, the transfer process must be followed. There is transfer period of 6 months for Yorkshire Women's Artistic Gymnasts.

The period starts from the date that the gaining club fully and accurately completes and submits the transfer through the Yorkshire WA Online Form.

This can be found on the Yorkshire WA Gymnastics website under resources and online forms:

<https://yorkshirewagymnastics.org/resources/yorkshire-wa-online-forms/transfer-process-and-form/>

During the 6 month transfer period gymnasts are allowed to enter Yorkshire WTC Individual Competitions (levels and grades) with Joint Club Credit where possible. This means that the gymnast where possible has both the Gaining Club and the Losing Club listed alongside their name. Please be aware that technical limitations may prevent this in which case the gaining club will be listed as the gymnast's current club. Gymnasts are **not** eligible to represent their new club in the Yorkshire WTC Team Competitions during this period. Please see page 5 for who is eligible to represent clubs in the Yorkshire WA Team Competitions.

The online form contains an explanation of the process. The gaining club completes the form including entering the losing clubs email address. Once submitted a copy of the transfer is sent automatically to the gaining club, the losing club, the Chair and Secretary of the WTC.

Data Protection: The details are held on file by the WTC for 1 year. This allows 6 months to facilitate the transfer process and to check eligibility and a further 6 months to enable any queries to be dealt with. After 12 months the details are deleted. The Chair and Secretary may supply details of transferring gymnasts to other WTC officers in order to enable eligibility checks for competitions.

Outstanding Fees: The WTC does not require the clubs to share information and does not facilitate in the recovery of outstanding fees as part of this transfer process.

Waivers: The losing club may opt to waive its joint club credit by emailing the Chair or Secretary of the WTC. The losing club cannot opt to waive the eligibility for team competitions as this is a WA eligibility rule.

Disputes and appeals: The transfer period starts from the accurate completion in full of the online form. Any disputes or appeals will be considered by the Chair of the WTC and dealt with on a case by case basis.

CODES OF CONDUCT

Anyone participating or attending a Yorkshire Gymnastics Association Women's Artistic Competition or Event in any capacity agrees to and is bound at all times by the:

- Yorkshire Women's Artistic (WTC) Codes of Conduct;
- Yorkshire Gymnastics Association (YGA) Codes of Conduct;
- British Gymnastics (BG) Codes of Conduct;
- Fédération Internationale de Gymnastique (FIG) Codes of Conduct.

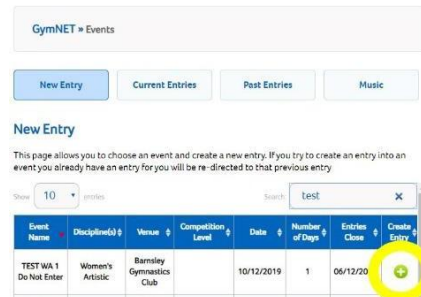
BG Entry System Help Sheets –

N.B. JUDGES ARE NOW NOMINATED THROUGH THE WA WEBSITE ENTRY VALIDATION FORM

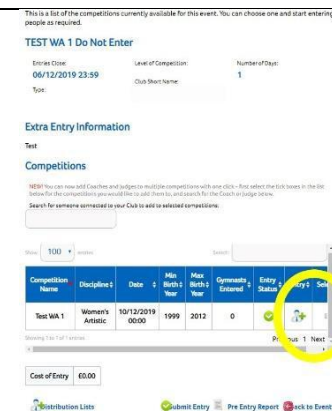
1) Entries can be made by the authorised person(s) in the club by going to Gymnet, Club Management and Event Entry



2) Find the Event that you are entering and click the plus sign to create an entry.



3) To add gymnasts, coaches and judges click the picture of the person with the plus sign for the competition you are entering.



- 4) Enter the name of the gymnast, coach, judge you are entering in the search box. The name(s) will list. Click the 'disc' image to add the gymnast, coach or judge. If the gymnast, coach or judge doesn't meet the criteria of the competition the entry will appear with an exclamation symbol rather than a tick. If you have difficulty meeting the requirements contact the competition organisers on entryvalidation@yorkshiregymnastics.org

On this screen you can configure your entry for this competition. You can search for people currently linked to your club and then choose to add them to the entry. If you enter someone as a gymnast and the competition has a tick, you will have to complete some extra options before they are added. You can also manage the people you have already entered and see their entry status. If someone is not eligible to enter, you can hover the exclamation mark to see why. The main criteria for this competition is shown below.

Competition Criteria

Name: Test WA 1
Maximum Birth Year: 1999
Gender: Female
Date: 10th December 2019
Maximum Entry Time: 23/08/2019 00:00

Add Person to Entry

Search for someone linked to your club

People you have Currently Entered

You have not entered anyone yet

On this screen you can configure your entry for this competition. You can search for people currently linked to your club and then choose to add them to the entry. If you enter someone as a gymnast and the competition has a tick, you will have to complete some extra options before they are added. You can also manage the people you have already entered and see their entry status. If someone is not eligible to enter, you can hover the exclamation mark to see why. The main criteria for this competition is shown below.

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Gender: Female
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Maximum Entry Time: 23/08/2019 00:00

Add Person to Entry

Search for someone linked to your club

People you have Currently Entered

You have not entered anyone yet

Extra Entry Information

Test

Competitions

NAME! You can now add Coaches and Judges to multiple competitions with ease. This subject first click boxes in the list below. For the competition you want then click them in, and press the Add button for the Coach or Judge below.

Search for someone currently linked to your club to add to selected competitions.

Name	Membership Number	Date of Birth	Entry Type	Cost
TEST WA 1			Coach	£1.00

Cost of Entry: £1.00

Choose Competition

Submit Entry | View Entry Report | Back to Events

This entry has not been submitted yet.

TEST WA 1 Do Not Enter

Event Date: 08/12/2019 23:59
Event of Competition: 1
Number of Days: 1

Extra Entry Information

Test

Competitions

Name	Membership Number	Date of Birth	Entry Type	Cost
TEST WA 1			Coach	£1.00

- 5) Entered gymnasts will be blue and clickable. For each gymnast click on their blue name. Click the pieces the gymnast each gymnast is competing and if the gymnast requires a raised bar click the tick box.

On this screen you can configure your entry for this competition. You can search for people currently linked to your club and then choose to add them to the entry. If you enter someone as a gymnast and the competition has a tick, you will have to complete some extra options before they are added. You can also manage the people you have already entered and see their entry status. If someone is not eligible to enter, you can hover the exclamation mark to see why. The main criteria for this competition is shown below.

Competition Criteria

Name: Test WA 1
Maximum Birth Year: 1998
Gender: Female
Date: 10th December 2019
Maximum Entry Time: 23/08/2019 00:00

Add Person to Entry

Search for someone linked to your club

People you have Currently Entered

Name	Membership Number	Date of Birth	Entry Type	Membership Fee	Entry Status	Remove
TEST WA 1			Judge			
TEST WA 1			Gymnast			
TEST WA 1			Coach			

On this screen you can configure your entry for this competition. You can search for people currently linked to your club and then choose to add them to the entry. If you enter someone as a gymnast and the competition has a tick, you will have to complete some extra options before they are added. You can also manage the people you have already entered and see their entry status. If someone is not eligible to enter, you can hover the exclamation mark to see why. The main criteria for this competition is shown below.

Competition Criteria

Name: Test WA 1
Maximum Birth Year: 1998
Gender: Female
Date: 10th December 2019
Maximum Entry Time: 23/08/2019 00:00

Add Person to Entry

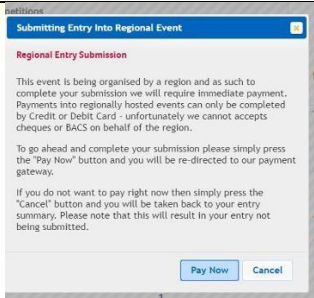
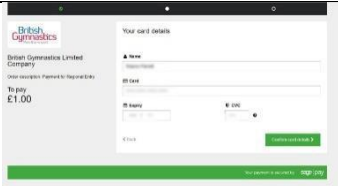
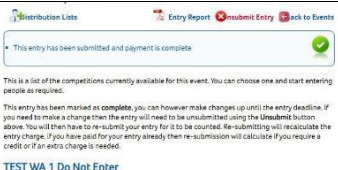
Search for someone linked to your club

People you have Currently Entered

Name	Membership Number	Date of Birth	Entry Type	Membership Fee	Entry Status	Remove
TEST WA 1			Judge			
TEST WA 1			Gymnast			
TEST WA 1			Coach			

- 6) Once the details are completed for all gymnasts, coaches and judges, submit the entry.

7) Once submitted the entry system will take you to the payment pages to complete the entry.


			
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N.B. In certain circumstances the entry will complete without the coach/judge requirements being met. In these circumstances the additional coaches/judges' names and details should be emailed to entryvalidation@yorkshirewagymnastics.org.

N.B. JUDGES ARE NOW NOMINATED THROUGH THE WA WEBSITE ENTRY VALIDATION FORM



Notes:



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Notes:



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